



CANDIDATE BIOGRAPHY AND CONSENT FORM

NAME: Andrea Johnson. PT, DPT

CITY/TOWN OF RESIDENCE: Owens Cross Roads

APTA MEMBERSHIP: Active since 1997

ALABAMA CHAPTER MEMBERSHIP: Active since 1997

SECTION MEMBERSHIP: Orthopedic, Sports, HPA the Catalyst

EDUCATION:

Doctor of Physical, 2010 University of Alabama, Birmingham

AAS, Physical Therapist Assistant, 1998 Wallace State College

BS, Exercise Science and Wellness, 1995 Jacksonville State University

PREVIOUS BOARD EXPERIENCE:

2016- present, President

2012-2016, Chief Delegate

2011, Delegate to House of Delegate

2011-2012, Secretary, Alabama Board of Directors

2008-2010, PTA Caucus Delegate,

2005-2007, PTA Caucus Rep, Alabama

2002-2005, PTA Rep at Large

PERTINENT EXPERIENCE:

Participated in the 2003 Alabama Chapter Strategic Plan Committee as Board of Director member

Participated in the 2013 Alabama Chapter Strategic Plan Committee as Board of Director member

Selected by peer members of the Southern Regional Caucus to participate in the APTA Strategic Plan Task Force, 2014.

Lead Task force to develop a plan for implementation of Direct Access for Nesin Therapy.

Clinic Director and Management Team member for Nesin Therapy Services

Participated in 2017 Strategic Planning Committee as President.

Lead Business Meetings and Chapter Council Meetings at Fall 2016, Spring 2017, Fall 2017, and Spring 2018 Conferences.

PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):

President

1. **What do you perceive as the most important interpersonal skills that are needed by the President of the AL Chapter, APTA?-** The most important interpersonal skills needed at this time is the ability to communicate, and live the new vision of ALAPTA and help grow new leaders

so the ALAPTA will continue to be a relevant organization in health care. The new vision statement is bold, exciting, and outward looking to the consumers and potential consumers of physical therapy services in Alabama. Communicating the vision to members and potential members, to get them excited about the message, and about the goals that ALAPTA is going to achieve in the coming years begins with the President. The President must be the catalyst for sharing the passion and their shared vision through members of the Board of Directors, Chapter Council, potential leaders, chapter members, and potential members. Effectively communicating to the aforementioned groups on a consistent basis, and ensuring that those parties communicate up and down the leadership chain do this. The greatest challenge lies in learning to message across generational barrier. ALAPTA members represent at least three generational ages. Learning what message speaks to each group is very important. In addition to communicating, the President must empower those in leadership roles to take ownership of those roles. By taking ownership the leaders will also grow in their roles, and grow those around them. This will continue the cycle of leadership development in both the profession, and in daily life. Leadership development is crucial

- 2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?** The greatest challenge facing health care in Alabama are the restrictions placed on consumers of physical therapy services. I believe these restrictions have a direct impact on the opioid crisis that a rampant in Alabama. More and more studies are showing how early intervention physical therapy services have a direct, positive impact on patient recovery, and reduce the use of opioids. Due to the legislative restrictions placed on PT services those who have acute pain most likely have to go through a Doctor in order to receive PT services. Many physicians still choose to prescribe pain medicine over PT, delaying PT services and perpetuating the cycle. I believe that the people of Alabama should have a choice on how they enter into healthcare, and right now that choice is being limited. ALAPTA has a plan in placed to make a change in the laws that limited PT services. 2018 is a PAC fund, and planning year, with the full push to be made in 2019. The hope is to remove all restrictive language, but have the understanding a compromise may be necessary.

Consent to Serve Statement:

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all ALAPTA Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of ALAPTA.

Signed: Andrea Johnson, PT, DPT