



## CANDIDATE BIOGRAPHY AND CONSENT FORM

**NAME:** Donald Lein

**CITY/TOWN OF RESIDENCE:** Homewood

**APTA MEMBERSHIP:** 12447

**ALABAMA CHAPTER MEMBERSHIP:** Alabama

**SECTION MEMBERSHIP:** (please list) Education and Orthopedics

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### EDUCATION:

BS from Cornell University (1985)

MS (PT) from University of Alabama at Birmingham (1988)

PhD from University of Alabama at Birmingham (2010)

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### PREVIOUS BOARD EXPERIENCE:

As the current Chief Delegate, I serve currently on the ALAPTA Executive Board for the past 1.5 years. During this time, I helped draft the new vision and mission statements as well as helped develop the strategic plan.

I also served as a board member of the Homewood Soccer Club from 1999 – 2012. Here, I helped implement and change club policies and procedures for an organization that was experiencing tremendous growth.

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### PERTINENT EXPERIENCE:

I have been practicing physical therapy (PT) for 29 years. I have worked primarily with patients with orthopedic problems in an outpatient setting but I have 2 years of continuous experience in acute care and another 2 years in neurological rehabilitation. I continue to provide physical therapy services at the Kirklin Clinic Osteoporosis Prevention and Treatment Center several hours a week along with my responsibilities as the Assistant Professor and Director of Clinical Education in the Department of Physical Therapy at UAB. I believe my years of clinical work coupled with my current job have given me a wide appreciation of the types of jobs and settings that Alabama physical therapist and physical therapist assistants work.

I also conduct research in my current position at UAB. My research interests include health promotion and education in PT, efficacy of electrical stimulation in PT care, and PT osteoporosis prevention and treatment. I helped develop a Chapter research guide in the 1990's with Gail Jensen and David Morris, which stimulated my interest in research. My research endeavors have led to peer-review publications and APTA conference presentations.

I have served on several committees at UAB and now have recently help develop and serve as Academic Co-Chair of the Birmingham Area Clinical Education Consortium. Serving on these committees has taught me how to help facilitate group movement toward meeting goals when serving in different roles. I think these skills have helped me serve in the Alabama Chapter of the APTA.

Over the past 6 years, I have served In the House of Delegates representing the views of the Alabama Chapter. I have served as an alternate delegate, delegate and chief delegate. It was an honor to be able to be your voice in the House of Delegates over the past two years.

In short, I belief my experiences have shown that I am organized, an effective communicator, and thoughtful.

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**PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):**

President

1. What do you perceive as the most important interpersonal skills that are needed by the President of the AL Chapter, APTA?
2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?

Chief Delegate and Delegate

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter Chief Delegate or Delegate to the APTA House of Delegates?

I believe that communication is one of the most important interpersonal skills that a Chief Delegate should possess. Good communication skills are important to help understand an issue, communicate the issue to the membership and then represent the components believes in the House of Delegates. Listening is the most important communication skill because it allows the chief delegate to hear all sides of a problem and potential solutions to a problem. Listening also promotes group ownership of a problem as well as the eventual solution, which builds good will in an organization, which is important when working with other delegates in the house or other board members in the executive board meeting at the chapter level. I believe that I am a good listener since I want to hear what people have to say before I make a decision. Communication will be important in the role of the Chief Delegate of the Alabama Chapter of the APTA since in this position one needs to be probing the opinion of component members concerning house motions, provide reports concerning House of Delegate business back to the component members, and help make decisions locally and nationally.

2. What methods of communication would you utilize to “feel the pulse” of Chapter Members on relevant motions that are put before the House of Delegates, so that you can decide whether to support them?

I think feeling the “pulse” of Chapter members on relevant motions needs to occur through multiple channels. Presently, we are trying to discuss issues at the business meeting and in the vendor breakout room during chapter meetings as are primary method of sharing opinions on relevant motions. I think that we should try to use webinar technology that is now available to the chapter and hold several discussion concerning house motions throughout the year since we now have year-round governance. Use of this technology would allow chapter members that cannot attend meeting to have their views heard concerning relevant motions. In addition, we could run polls on certain motions through our web site or phone technology to capture what people are thinking on relevant issues. The bottom line, as a delegate, we need to stir up interest surrounding certain issues and make ourselves available through various communication channels.

PT Representative at Large

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter PT Representative at Large?
2. What methods of communication would you utilize to “feel the pulse” of PT and SPT Chapter Members?

PTA Representative at Large

3. What do you perceive as the most important interpersonal skills that are needed by the Chapter PTA Representative at Large?
4. What methods of communication would you utilize to “feel the pulse” of PTA and SPTA Chapter Members?

Nominating Committee Member

1. What skills and experience do you have to enable you to serve on the Chapter Nominating Committee?
2. Please describe what attributes you value in a candidate.

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**Consent to Serve Statement:**

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all ALAPTA Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of ALAPTA.

Signed: (electronic signatures accepted) Donald H. Lein Jr., PT, PhD