



CANDIDATE BIOGRAPHY AND CONSENT FORM

NAME: Heather Mount

CITY/TOWN OF RESIDENCE: Auburn, Alabama

APTA MEMBERSHIP: 225913

ALABAMA CHAPTER MEMBERSHIP: yes

SECTION MEMBERSHIP: (please list)

Education, Orthopedics

EDUCATION:

MSPT – University of Mobile, DScPT- UAB

PREVIOUS BOARD EXPERIENCE:

Treasurer- 4 yrs Committee member- Education Committee, Ethics

PERTINENT EXPERIENCE:

20 years as a PT, 14 years of full time clinical experience, 6 yrs in academia

PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):

President

1. What do you perceive as the most important interpersonal skills that are needed by the President of the AL Chapter, APTA?
2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?

Chief Delegate and Delegate

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter Chief Delegate or Delegate to the APTA House of Delegates?
2. What methods of communication would you utilize to “feel the pulse” of Chapter Members on relevant motions that are put before the House of Delegates, so that you can decide whether to support them?

PT Representative at Large

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter PT Representative at Large?
2. What methods of communication would you utilize to “feel the pulse” of PT and SPT Chapter Members?

PTA Representative at Large

3. What do you perceive as the most important interpersonal skills that are needed by the Chapter PTA Representative at Large?
4. What methods of communication would you utilize to “feel the pulse” of PTA and SPTA Chapter Members?

Nominating Committee Member

1. What skills and experience do you have to enable you to serve on the Chapter Nominating Committee?
 2. Please describe what attributes you value in a candidate.
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Consent to Serve Statement:

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all ALAPTA Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of ALAPTA.

Signed: (electronic signatures accepted) _____Heather E. Mount,_____

Position Statement

Delegates are an important part of the APTA. They serve as the voice of the members. Effective delegates should be knowledgeable about the issues and changes that impact the profession as well as the members they represent. One way to facilitate this is to reach out to members regularly, not only to keep members abreast of developments on a local and national level but to identify issues that affect practice in Alabama. There are a number of ways to reach out to members, including social media, emails, blogs and webpage development. Members should be able to contact their delegates to ask questions, discuss pending motions or any other issues. A consistent outlet for members not only strengthens the membership but it could encourage more professionals to join. Having a voice in their profession empowers people to get more involved and make a difference. It is important for Delegates to be approachable but also to reach out. Contacting various businesses, clinics and schools to encourage this communication and discussion could lead to growth within the Alabama Chapter. Delegates must be organized, creative and have an ability to listen to different and opposing points of view. Representing others may involve supporting a position that is in contrast to a personal belief but is in the best interest of the members, or the association. Delegates should work for the greater good. Delegates should be able to work and communicate effectively with others and think on their feet. But most of all, they should be passionate about the profession and have the desire to see it grow and strengthen in an ever changing health care environment.

