



## CANDIDATE BIOGRAPHY AND CONSENT FORM

**NAME:** LD Woods

**CITY/TOWN OF RESIDENCE:** Montgomery

**APTA MEMBERSHIP:** 556739

**ALABAMA CHAPTER MEMBERSHIP:** PTH7305

**SECTION MEMBERSHIP:** Sports, Education, Research

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**EDUCATION:** BS, Biology-Psychology - Birmingham-Southern College  
DPT, Doctor of Physical Therapy - Alabama State University

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**PREVIOUS BOARD EXPERIENCE:** Interim Alabama PT Representative At Large - 2018 - present  
Secretary, APTA Student Assembly - 2013 - 2014

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**PERTINENT EXPERIENCE:** Assistant Professor, Alabama State University - 2017 - Present  
Vice-President, Alabama Student Special Interest Group - 2017 - Present  
Social Media Committee, Education Section - 2015 - Present  
Teammates, Sports Section - 2013 - Present  
Volunteer, Brand Champion - 2013 - 2017  
Alabama Core Ambassador - 2012 - 2013

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**PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):**

President

1. What do you perceive as the most important interpersonal skills that are needed by the President of the AL Chapter, APTA?
2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?

Chief Delegate and Delegate

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter Chief Delegate or Delegate to the APTA House of Delegates?
2. What methods of communication would you utilize to "feel the pulse" of Chapter Members on relevant motions that are put before the House of Delegates, so that you can decide whether to support them?

PT Representative at Large

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter PT Representative at Large?

Communication, more specifically active listening skills.

Our bylaws outline the responsibilities of the PT Representative at Large as a representative of chapter membership. I wholeheartedly believe that for me to be a representative successfully I need to be an effective listener. I learned a long time ago that many arguments, disagreements, and discontent typically boil down to communication. At the heart of communication, people are either givers or receivers. As a representative, the majority of my role should be to listen, receiver. I need to listen to the membership, I need to take into account their comments, concerns, problems, issues, and I need to act on these. For example, if the concern of the

chapter membership is to gain direct access, then my role is to listen and effectively express these concerns to chapter leadership, legislatures, and the public. There are other interpersonal skills such as problem-solving, intuitiveness, creativity, flexibility, and compassion that are important for the PT Representative at Large, but I would argue having effective active listening skills will set one up for success at PT Representative at Large.

2. What methods of communication would you utilize to “feel the pulse” of PT and SPT Chapter Members?

As I stated above the key to the PT Representative at Large position is communication. How we communicate should not be based upon the PT Representative at Large preferred method, but chapter membership; I need to use a variety of mediums to “feel the pulse” of chapter membership. For example, most students are entrenched in social media. Social media is how we should predominately communicate with students. This involves facebook and twitter post, instagram photos, or youtube videos. In contrast, there may be a section of chapter membership who may not be tech or social media savy, so we have tailor messages to them. This may involve email, newsletter, or even snail mail. My goal is to communicate in the language of chapter membership and accept we are heterogeneous in nature; my role is to package the message in a language chapter membership prefers. This may involve more work on my end, but that comes with the responsibility of becoming the PT Representative at Large. Finally, I would like to add that I must reassess communication strategies every year. This can be done via surveys, keeping track of followers, repost, and likes on social media, and/or face-to-face communication. The PT Representative at Large is tasked with getting information to chapter membership to keep them involved and ensure their voice is heard, and I wish to that.

#### PTA Representative at Large

3. What do you perceive as the most important interpersonal skills that are needed by the Chapter PTA Representative at Large?
4. What methods of communication would you utilize to “feel the pulse” of PTA and SPTA Chapter Members?

#### Nominating Committee Member

1. What skills and experience do you have to enable you to serve on the Chapter Nominating Committee?
2. Please describe what attributes you value in a candidate.

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#### **Consent to Serve Statement:**

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all ALAPTA Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of ALAPTA.

Signed: (electronic signatures accepted)

*LaDarius Woods*