

## CANDIDATE BIOGRAPHY AND CONSENT FORM

**NAME:** Blair Saale

**CITY/TOWN OF RESIDENCE:** Mobile, AL

**APTA MEMBERSHIP:** Yes

**ALABAMA CHAPTER MEMBERSHIP:** Yes

**SECTION MEMBERSHIP:** (please list)

Neurology and Education Sections

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### EDUCATION:

Belmont University, DPT

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### PREVIOUS BOARD EXPERIENCE:

Chair of the Bylaws Committee; President of Transitions, EAAT; President of Mobile Area Physical Therapy Organization

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### PERTINENT EXPERIENCE:

I have served on multiple committees and have been involved in multiple aspects of organizational leadership. I was elected as President of Transitions, EAAT from 2017-2018 and have served as President of the Mobile Area Physical Therapy Organization 2017- present. I was also involved with planning the 2019 Moving Day South Alabama with the Parkinson's Foundation. My undergraduate major is in Business Administration which has been a wonderful assist when looking at overall organizational vision and when identifying steps for organizational success. My role as chair of the bylaws committee has allowed me to gain experience with the business side of the Alabama chapter of the APTA. I look forward to expanding my involvement in this chapter in the future.

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### PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):

#### Vice President

1. What do you perceive as the most important interpersonal skills that are needed by the Vice President of the AL Chapter, APTA?
2. What do you perceive as the greatest challenge facing the profession in Alabama at this time and how can the Chapter help?

#### Secretary

1. What experiences and qualities make you a strong candidate for the Secretary position?
  - a. I have been involved with coordinating and leading multiple groups of people in my career. One of the overarching needs is strong communication for all involved parties. Clearly communicating plans and expectations assists with improving satisfaction and buy in from multiple parties. I am organized and detail oriented. I am able to focus on big picture needs and identify important topics for communication. I find that providing information in an easy to understand format with written, verbal, and visual pieces can be an effective way to engage members.
  - b.
2. The Chapter is a member-driven organization. How do you feel the communication is between the membership and the Board and vice versa? How could it be improved (if necessary)?
  - a. I think that communication is always a challenge in an organization such as ALAPTA. Current leadership has done a good job of trying to engage members with email, social media, and in person education/conference opportunities. These are all strategies that should continue in the future. I would like to see communication more frequently. I would also like to see communication to bridge the gap between state and national involvement with local clinicians. This can be done with a stronger social media presence, well organized newsletters/updates, and presence at local and statewide events.

### Treasurer

1. What experiences have prepared you to serve as Chapter Treasurer?
  - a. My undergraduate major was in Business Administration where I learned some of the skills needed for organizational leadership and business planning including basic accounting and economics. As president of MAPTO and Transitions, EAAT, I worked closely with the treasurer to plan for organizational growth and to assist with prioritization of organizational goals. I am very organized with a strong understanding of budgetary practices which could benefit the Alabama chapter.
2. What do you think the Chapter's budget priorities should be?
  - a. I think the Chapter's budget should do a couple of things. First, it should be robust enough that it allows the Alabama chapter to meet its organizational goals. This includes sustainable spending practices, outreach for physical therapists/physical therapy assistants, promotion of strong evidence based practice, and advocacy for access to physical therapy services in the state of Alabama. The budget should align with the vision and goals of the chapter to allow for maximization of health and movement in Alabama through engagement, advocacy, and education.

### Delegate

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter Chief Delegate or Delegate to the APTA House of Delegates?
2. What methods of communication would you utilize to "feel the pulse" of Chapter Members on relevant motions that are put before the House of Delegates, so that you can decide whether to support them?

### PTA Caucus Representative

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter PTA Caucus Representative?
2. What methods of communication would you utilize to "feel the pulse" of PTA Chapter Members?

### Nominating Committee Member

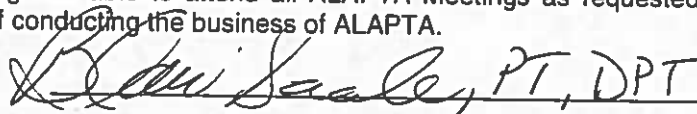
1. What skills and experience do you have to enable you to serve on the Chapter Nominating Committee?
2. Please describe what attributes you value in a candidate.

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### Consent to Serve Statement:

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all ALAPTA Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of ALAPTA.

Signed: (electronic signatures accepted)

  
Board Certified Clinical Specialist in  
Neurologic Physical Therapy