



**ALAPTA
2018 FALL CONFERENCE**

August 10-11, 2018

MEDICAL FORUM BUILDING
Westin Uptown
Birmingham, AL

EARLY BIRD DEADLINE – JULY 1, 2018

PROGRAMMING

**SESSION 1 – RECENT ADVANCES IN SURGICAL TREATMENT, REHABILITATION AND RETURN-TO-SPORT
DECISION-MAKING IN INDIVIDUALS WITH ACL INJURIES**

Speakers: Nate Bower, PT, DPT, SCS, Matthew Ithurnburn, PT, PhD, DPT, OCS and Michael Ryan, MD

Course Description

Young, active individuals participating in cutting and pivoting sports commonly sustain ACL injuries. In the United States, standard of care treatment for young, active individuals with ACL injuries is ACL reconstruction (ACLR). The speakers will discuss current considerations and the evidence for surgical techniques and post-operative rehabilitation. Additionally, important factors related to return-to-sport decision-making will be discussed to optimize success and outcomes for this patient population.

Objectives

Upon completion of the course, participants will be able to:

1. Describe current and emerging surgical approaches for individuals with ACL injuries.
2. Synthesize and apply the evidence related to the most effective rehabilitation approaches for young, active individuals after ACL injury.
3. Evaluate the importance of various clinical and contextual factors in return-to-sport decision-making for young, active individuals after ACL injury.

About the Speakers

Nate Bower PT, DPT, SCS is a Graduate of Washington University in St Louis School of Medicine, earning a doctorate in physical therapy degree in 2010. He completed a sport physical therapy residency in 2011 and shortly thereafter obtained board certification as a sports clinical specialist. He currently serves as a market manager for Champion Sports Medicine in Birmingham, AL, is a team specialist at Samford University, is a consultant in the DPT program at UAB, and functions as both a proctor and center coordinator of clinical education.

Matthew Ithurnburn, PT, PhD, DPT, OCS is an Assistant Professor in the Department of Physical Therapy and an Associate Scientist in the Center for Exercise Medicine at the University of Alabama at Birmingham in Birmingham, AL. Dr. Ithurnburn earned his DPT at Duke University and then completed an Orthopaedic PT Residency at The Ohio State Sports Medicine Clinics. He later earned a PhD at The Ohio State University. Dr. Ithurnburn's research interests focus on improving outcomes and promoting evidence-based treatment for young, active patients following lower extremity musculoskeletal injuries.

Michael Ryan, MD is an orthopaedic surgeon and sports medicine specialist at the Andrews Sports Medicine and Orthopaedic Center in Birmingham, AL. Dr. Ryan earned his medical degree from the University of Georgetown School of Medicine. He completed an orthopaedic residency training at New York University Hospital for Joint Diseases, followed by a sports medicine fellowship with James R. Andrews, MD, E. Lyle Cain, MD, Jeffery R. Dugas, MD, and Benton A. Emblom MD at the American Sports Medicine Institute (ASMI) in Birmingham, Alabama. Dr. Ryan has extensive sports medicine experience having acted as a member of the medical teams for various institutions and organizations, including the University of Alabama football team and University of Alabama athletics, SEC Baseball, the Birmingham Barons, the Birmingham Ballet, Cordova High School, Athletes Without Limits, New York Public School football, and New York University and Long Island University athletics.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 2 – EFFECTIVE LEADERSHIP IN PHYSICAL THERAPY

Speakers: Amy Holliman and Amy Smith, PTA, BS

Course Description

Leadership within the ever-changing healthcare world is essential to move our profession forward. We must have effective habits as PTs and PTAs to work effectively and efficiently. This course will help you identify habits that hurt you and more importantly how to focus and increase the habits that help you to stay focused and to become the leader you are intended to be. We will take a macro perspective into where we are as a profession and what leadership roles we can take on within the broad spectrum. Then, we will look more specifically at leadership skills that PT's and PTA's can utilize and opportunities available to apply those skills within the ALAPTA and the APTA in order to be more active and engaged members.

Objectives

Upon completion of the course, participants will be able to:

1. Identify habits of an effective leader.
2. Describe habits that are ineffective and minimize those behaviors.
3. Understand the role of APTA in advocating for our profession and understand the leadership role we each play as PTs and PTAs within the Healthcare world.
4. Identify leadership traits and opportunities for PTs and PTAs within our communities, our hospitals, our districts, and within the APTA.
5. Initiate a plan to become an active and engaged leader.

About the Speakers

Amy Holliman graduated from Millersville University, in Pennsylvania, with a Bachelor of Arts degree in English and a minor in Business Administration. Amy has over 25 years of health care focused Human Resources management experience. She currently works as the HR Operations and Training Manager for Restore Management, which oversees the HR function for Restore Therapy, Comfort Care Home Health, Comfort Care Hospice, Comfort Caregivers and Premier Medical Housecall. Amy was previously the Director of Benefits and Compensation at CVS Caremark and at Baptist Health System. She is also the former VP of HR at both Meadowbrook Healthcare and Restore Management. Recently, Amy has focused her attention and efforts on her true passion, which is the training, coaching, and development of emerging leaders. Amy is a certified Predictive Index Analyst and a certified Franklin Covey Trainer.

Amy Smith, PTA, BS is a graduate from the PTA program at Wallace State Community College and the University of Alabama in Birmingham, Bachelor of Health Science program. She is currently Regional Director with Restore Therapy where she oversees the Rehab operations of 12 Skilled Nursing facilities and 2 Out-Patient Clinics in North Alabama. Amy received her APTA Geriatric Advanced Proficiency, and served as a member of the APTA PTA Educational Pathways Task Force and the PTA Board Work Group. Amy has served the Alabama Chapter in a variety of roles, which includes Nominating Committee, Membership Committee Chair, PTA Rep at Large, PR committee member, Chapter Council member, and PTA Caucus Representative. Amy is currently Chief Delegate of the PTA Caucus and has served within the APTA at a national level since 2001.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 3 – INTRODUCTION TO PELVIC FLOOR FOR THE ORTHOPAEDIC PHYSICAL THERAPIST

Speaker: Kayla Mowdy, PT, DPT, OCS

Course Description

This lecture-based course is designed to introduce the pelvic floor musculature and disorders to physical therapists treating patients in the outpatient environment. It is designed to help PTs make the connection between pelvic floor disorders and patient complaints of back or hip pain and their close relationship. Clinicians will gain confidence in discussing pelvic health topics, treating simple presentations of pelvic floor dysfunction, and recognizing when to refer to a pelvic health specialist.

Objectives

Upon completion of the course, participants will be able to:

1. Understand the anatomy of the Lumbopelvic Region.
2. Understand Pelvic floor as part of the Lumbopelvic Core.
3. Identify and discuss incontinence.
 - a. Types
 - i. Stress Urinary
 - ii. Urge Urinary
 - iii. Mixed Urinary
 - iv. Fecal
 - b. Causes
 - c. Treatments
 - i. The Kegel vs Relaxation Training
 - ii. Coordination training
4. Identify and discuss Pelvic Floor pain and referral patterns.
5. Understand bowel function and its role in patient health and wellness.
6. Identify modifications of usual interventions for the pregnant or post-partum patient.
7. Identify patients that should be referred to Pelvic Health Specialist for treatment.

About the Speaker

Dr. Kayla Mowdy is an orthopaedic clinical specialist physical therapist (OCS) practicing in pelvic health since 2016. She is the full time clinic director for Results Physiotherapy in Mobile, AL and adjunct professor for the University of South Alabama. Kayla is also active in her community and leadership development through the Junior League of Mobile.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 4 – TRAINING MOVEMENT, NOT MUSCLES: HOW TO MASTER THE INTEGRATED KINETIC CHAIN

Speaker: C. Brian Riddle, PT, DPT, OCS, ATC, CSCS

Course Description

It's easy to see throughout many gyms, fitness centers, and even rehabilitation clinics the common practice of training muscles in isolation through a single plane of movement. After all, this methodology has been widely taught for years in schools and is highlighted in much of the literature available. This manner of training does have its place in developing the foundational building blocks of the performance parameters of strength, flexibility and endurance. However, the human body is designed as an integrated kinetic chain producing three-dimensional myofascial force transmissions. To neglect this would be detrimental in helping individuals achieve correct movement patterns that translate to real-world activities and interests. This course is designed to help the movement clinician confidently and effectively provide individuals with treatment solutions that enhance the body's integrated kinetic chains required for efficient and pain-free movement.

Objectives

Upon completion of the course, participants will be able to:

1. Discover what the research says about human movement science utilizing an isolated vs. an integrated approach.
2. Identify and assess the body's myofascial kinetic chains and their movement patterns.
3. Develop exercise kinetically integrated exercises interventions designed to re-establish correct movement patterns.

About the Speaker

C. Brian Riddle, PT, DPT, OCS, ATC, CSCS has practiced outpatient physical therapy for over 10 years, working with all patients, from recreational and collegiate athletes to individuals battling chronic pain. He has also had experience as an athletic trainer and strength and conditioning specialist for local area high schools. He received his Doctorate in Physical Therapy from UAB in 2007 and obtained his Orthopedic Clinical Specialist Certification in 2010. He currently works at UAB Spain Rehabilitation Center, and his main interests include identifying and treating faulty biomechanical patterns in higher-level functioning individuals who enjoy sports and recreation by offering interventions from an integrated functional approach.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

Please wear comfortable or athletic clothing and bring extra yoga mats, exercise balls, kettlebells, medicine balls and resistance bands, if available.

SESSION 5 – LINES, TUBES AND DRAINS, OH MY!

Speaker: Ashley Parish PT, DPT, CRT

Course Description

Have you ever walked into a room and become overwhelmed with the amount of equipment hooked to the patient? With the evolution of early mobility in intensive care units, physical therapists and physical therapy assistants are frequently working with critically ill patients connected to multiple pieces of life-saving equipment. Additionally, students and new graduates are being exposed to these experiences early in practice. Knowledge of equipment and evidence-based practice regarding mobilization with equipment will enhance clinical decision-making and judgement. This course will focus on the purpose of commonly seen equipment and evidence-based implications for mobility. An emphasis will be placed on mechanical ventilation.

Objectives

Upon completion of this course, participants will be able to:

1. Recognize and understand the purpose of commonly seen equipment in the acute care setting.
2. Identify precautions associated with mobilization of patients with various equipment seen in the acute care setting.
3. Understand how changes in equipment settings may alter intervention and decision-making.
4. Discuss the importance of early mobilization and intervention in the acute care setting.
5. Recognize areas of growth in evidence-based practice regarding mobilization with life-saving equipment.

About the Speaker

Ashley Parish has worked as a clinician in the acute care setting since graduating from the Doctor of Physical Therapy program at UAB in 2013. In addition to physical therapy, Parish also holds credentials as a respiratory therapist. Her passion is in the intensive care unit setting where she can blend her background of physical and respiratory therapy. Parish also has experience as an assistant professor teaching acute care, pediatric, interprofessionalism and cardiovascular/pulmonary content at the undergraduate, pre-professional, and doctoral level. She is an active member of the APTA and currently serves on the executive board for the Cardiovascular and Pulmonary section.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 6 – NAVIGATING RECOVERY FROM STROKE: ICU TO COMMUNITY INTEGRATION

Speakers: Jean Crago, PT, Kathleen Deaton, PT, DPT, NCS, Tracy Stevens, PT, DPT, Liz Wylie, PT, DPT, NCS

Course Description

This 3-hour session will provide an update on stroke management across the continuum of care from medical and therapy perspectives. Integration of emerging concepts from evidence based practice guidelines will be used to help direct the clinician in management of a patient with stroke through all stages of recovery. This course is applicable across the PT continuum of care.

Objectives

Upon completion of the course, participants will be able to:

1. Verbalize the key components of and clinical symptoms related to each type of stroke.
2. Recognize current updates on medical management for patients with stroke.
3. Identify appropriate evidence-based interventions and functional goals for patients at each stage of recovery (Spasticity management, functional training, locomotor training, etc...).
4. Describe the rationale for and the importance of encouraging patients to continue an exercise program post-discharge from the outpatient setting.
5. Determine appropriate outcome measures to utilize at each stage of the continuum.

About the Speakers:

Jean Crago, PT is an outpatient Physical Therapist at Spain Rehabilitation Center, University of Alabama at Birmingham. Jean has treated patients in the inpatient rehabilitation setting and in the outpatient setting. Additionally, she was involved in the development and application of Constraint Induced Movement Therapy with Dr. Edward Taub and his research team. She was instrumental in moving this intervention to the clinical setting at UAB.

Kathleen Deaton, PT, DPT, NCS is an inpatient Physical Therapist at Spain Rehabilitation Center, University of Alabama at Birmingham. Co-Director of the Neurological Residency Program at the University of Alabama at Birmingham.

Tracy Stevens, PT, DPT received her BS in Biology from Furman University in 2011, followed by her DPT from University of Miami in 2014. She is an active member of the APTA and her local chapter, ALAPTA, serving as Publicity and Communications chairman. Tracy's primary interest is treating neurological populations. Tracy has been a member of the acute care PT team at UAB Hospital since 2015.

Liz Wylie, PT, DPT, NCS is an inpatient Physical Therapist at Spain Rehabilitation Center in Birmingham, Alabama and Co-Director of the Neurological Residency Program at the University of Alabama at Birmingham.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 7 – I'VE GRADUATED, NOW WHAT?

Speakers: Dominique Forté, PT, DPT, OCS and LD Woods, PT, DPT, CSCS, PhD(c)

Course Description

PT and PTA school can be stressful, expensive, and downright confusing! Often times, we are so focused on our grades and preparing for our licensure exam, but we have not thought about what is next. This course is designed to address the, "I've graduated, now what" question. We will explore board preparation, first job dos and don'ts, residencies, professional development, and finances. At the end of the course, you will leave with a road map for your next 3-5 years as a professional.

Objectives

Upon completion of the course, participants will be able to:

1. Create a board preparation (studying) framework.
2. Identify three first job do's.
3. Identify three first job don'ts.

4. Locate three resources for residencies.
5. Locate two resources for financial management/counseling.

About the Speakers

Dr. Dominique Forté is a licensed physical therapist in the State of Alabama. She currently practices at Results Physiotherapy in Trussville, AL. She obtained a baccalaureate degree in Exercise Science and a Doctor of Physical Therapy degree from the University of Alabama at Birmingham. Dominique currently serves as Secretary for the Alabama Chapter of APTA, Chair of the Alabama Early Professionals Special Interest Group, and President-Elect for the UAB Health Professions Junior Alumni Board. Locally, Dominique serves as a Teacher's Assistant for the UAB DPT program and a pro-bono provider for Equal Access Birmingham.

Dr. LaDarius Woods is a licensed physical therapist in the State of Alabama who has 4 years of post-licensure experience and is in his first year as an assistant professor at Alabama State University. He holds a baccalaureate degree in Biology from Birmingham-Southern College, a Doctor of Physical Therapy degree from Alabama State University, and is PhD(c) in Adult Education at Auburn University. In addition, he is a Certified Strength & Conditioning Specialist, Certified Disability Sports Specialist, and APTA Level II Credentialed Clinical Instructor. Dr. Woods is engaged at the local and national level with past experience as the Secretary of the Student Assembly Board of Directors and Alabama Core Ambassador. Dr. Woods is currently serving as the PT-At-Large Member for the Alabama Physical Therapy Association. In addition, Dr. Woods has served and is currently serving on committees and task force in the sports, education, and research sections/academies.

TARGET AUDIENCE: SPTs and SPTAs

SESSION 8 – DIFFERENTIAL DIAGNOSIS FOR THE MANUAL ORTHOPEDIC PHYSICAL THERAPIST: “AN ECLECTIC MANUAL TOOLKIT”

Speakers: Samantha Hollingshead, PT, DPT, Cert. MDT and Lydia Moss McBryde, PT, DPT

Course Description

This course is designed to educate the manual therapist in an eclectic approach to increase efficiency and proficiency of treatment for multi-regional pain patterns. Participants will learn how to recognize correct treatment methods for common musculoskeletal diagnoses and dysfunctions for the lumbar spine and hip: facet, discogenic, postural, stenosis, acetabular impingement, and DJD. This course should teach each participant how to form your own skill set to ensure proper diagnosis on evaluation, develop your knowledge in treatment of the lumbar spine and hip, and apply a variety of manual therapy tools.

Objectives

Upon completion of the course, participants will be able to:

1. Understand basic lumbopelvic anatomy and painful states in relation to the dysfunctions presented.
2. Identify red flags and prognosis for patient's presentation of dysfunction.
3. Identify the proper rationale for evidence based differential diagnosis of the lumbar spine and hip.
4. Correctly identify appropriate treatment patterns for presented case studies.
5. Demonstrate the proper manual skills needed to effectively change your patient's pain on day 1.
6. Verbalize and demonstrate knowledge and skills for two of the common methods of treatment regarding the lumbar spine and hip (i.e. Maitland, McKenzie).

About the Speakers

Samantha Hollingshead, DPT, Cert. MDT graduated from Old Dominion University in 2007 with her undergraduate degree in Exercise Science and then later her doctorate in Physical therapy in 2010. In 2012, Samantha received her certification in Mechanical Diagnosis and Treatment (MDT) also known as the McKenzie Method. In 2015, Samantha relocated to the Birmingham area to move closer to family and now resides in Hoover and works for Results Physiotherapy. Throughout her years as a clinician and director, Samantha has gained expertise in spinal rehabilitation, post-op rehab, sports injuries, vestibular rehab and chronic conditions such as osteoarthritis, rheumatoid arthritis, and myofascial pain. Throughout her career, Samantha has been known for extensive knowledge and utilization of the McKenzie Method for treatment of complex spinal injuries, but over the past few years she has expanded her knowledge

base to include additional manual therapy methods including Maitland, Mulligan, and Paris. She is well known for her expertise in spinal rehab.

Lydia Moss McBryde, PT, DPT graduated from Samford University with a double major in Early Childhood Education and Special Education. Upon graduating, Lydia was accepted to the University of Alabama at Birmingham, where she received her Doctorate of Physical Therapy (DPT) in 2009. Lydia began her professional career at St. Vincent's Hospital in-patient therapy closely working with Andrew's Sports Medicine and St. Vincent's Orthopedic Center physicians. She then moved to Atlanta to pursue an out-patient orthopedic manual based company that provided her with a 2 year OCS mentor program. She was a clinic director at a successful clinic that worked with all age ranges, highly focused to return to sport/activities and knee pain in females as it relates to the low back, hip, and foot. Lydia returned to Birmingham in 2014 and began working for Results Physiotherapy where she was able to expand her treatment of the lumbar spine and its relation to the LE using a manual eclectic approach that has a strong Maitland emphasis. She has also had extensive continuing education with Dr. David Adkison in the glenohumeraljoint, intramuscular dry needling, and is a Certified Clinical Instructor.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

PLEASE BRING A YOGA MAT

SESSION 9 – CONNECTING THE ICF TO FUNCTIONAL OUTCOME MEASURES AND MOVEMENT SYSTEMS ANALYSIS TO DEVELOP A PLAN OF CARE

Speaker: Jill Heitzman, PT, DPT, PhD(c), GCS, NCS, CWS, CEEAA, FACCWS

Course Description

Functional Outcome Measures provide a quantitative measure to determine a patient's ability to perform safely. However, many times this measure does not indicate the impairment that is present in order to develop a plan of care to make meaningful improvements in daily function. The movement systems analysis looks at how the person moves to perform daily tasks. Movement systems analysis helps choose the appropriate functional outcome measure that correlates to the task and also assesses the quality of movement to identify impairments that are amendable to change. This session will look at common outcome measures used for the older adult and how performing movement analysis during these measures will help to guide the PT Plan of care to achieve optimal change.

Objectives

Upon completion of the course, participants will be able to:

1. Identify appropriate functional outcome measures based on patient's current complaints.
2. Discuss movement systems analysis in relation to daily function requirements.
3. Analyze quality of movement during application of functional outcome measures to identify impairments.
4. Develop a plan of care based on movement system analysis performed during functional outcome measures on older adults.

About the Speaker

Dr. Heitzman is an Associate Professor and interim Program Director at Alabama State University where she teaches courses in geriatrics, neurological physical therapy, integumentary, pharmacology and research. She has been actively involved in the Academy of Geriatric PT holding various offices including Director and Vice President. She also serves on the Gerinotes editorial board, as a manuscript reviewer for the Journal of Geriatric Physical Therapy and as the course co-coordinator of the CEEAA course series. Dr. Heitzman is board certified by the ABPTS in both geriatric and neurological physical therapy as well as having an AAWM certification as a clinical wound specialist. She is completing her research PhD in physical therapy at Nova SE University with focus on balance and aging. Dr. Heitzman has written educational monographs, published peer reviewed articles, coauthored book chapters (most recent one Geriatric Physical Therapy: A Case Study Approach), and presented on various topics related to the aging adult at the state, national and international level. Dr. Heitzman has served as a book, manuscript and grant reviewer and as an expert witness in various legal proceedings. She has served on various APTA committees at both the state and national level including the ABPTRF review committee. She was the recipient of the Joan Mills and President awards from the Section on Geriatrics (now the Academy of Geriatric PT). Dr Heitzman also serves on the Federation of State Board Examiners as an item writer coordinator and member of the item bank review committee for the entry level PT exam where she received the Gold Leaf and induction into Advanced Item Writers Academy in Nov 2017. She will be the recipient of the APTA Lucy Blair Service

Award in June 2018. She continues working PRN for Kindred at Home-Gentiva HH focusing on advancing the role of physical therapy in promoting successful aging.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

SESSION 10 – BALANCE MAKES THE WORLD GO ROUND: AN INTRODUCTION TO VESTIBULAR SCREENING AND TREATMENT IN THE PEDIATRIC POPULATION

Speakers: Tiffany McKleroy DeLeonard, PT, DPT and Karen McCormack, OTR/L, CHT, MBA

Course Description

This session will provide participants with an overview of screening and treatment of vestibular dysfunction for the pediatric population. Case studies will be used to illustrate common signs and symptoms of vestibular dysfunction in this population. Participants will be introduced to common treatment/assessments for vestibular and balance dysfunction while also being introduced to the new technology and equipment available for diagnosis and treatment of this challenging problem.

Objectives

Upon completion of the course, participants will be able to:

1. Identify the components of the Vestibular System and its role in development.
2. Recognize common signs and symptoms of vestibular dysfunction in the pediatric population using case studies.
3. Describe available screening procedures for vestibular and balance deficits in pediatric clients.
4. Describe common treatment for vestibular and balance dysfunction in the pediatric population.
5. Identify new technology and equipment available for diagnosis and treatment of vestibular deficits in Pediatrics.

About the Speakers

Tiffany McKleroy DeLeonard PT, DPT earned a Bachelor's of Science from the University of Alabama at Birmingham in 2007 and a Doctorate in Physical Therapy from UAB in 2014. She earned a Certification of Pediatric Vestibular Diagnosis and Treatment in 2017. Dr. DeLeonard currently works in the outpatient clinic at Children's of Alabama (COA). Prior to working at COA, she worked in a Sport's Medicine setting where she became interested in post-concussion treatment in adolescents. Since transitioning into Pediatric PT at COA, she has continued to work with children diagnosed with concussions and other vestibular dysfunctions. She spends some time working in the Post-Concussion Clinic at COA alongside physicians who treat and manage children with post-concussion syndrome. She is currently involved with development of a new balance and vestibular program at COA working closely with the audiology and occupational therapy departments.

Karen McCormack, OTR/L, CHT, MBA earned a Bachelor's of Science in Occupational Therapy from Virginia Commonwealth University (VCU)/Medical College of Virginia in Richmond, VA in 1982 and Masters of Business Administration from VCU in 1986. She earned her Certified Hand Therapy (CHT) credential in 2001. She currently works as a Clinical Team Leader at Children's of Alabama (COA). Over the course of her 35 year career, she gained experience in inpatient, school system, sports medicine, and outpatient settings while treating patients with a variety of diagnoses including hand conditions, vestibular/balance, concussion dysfunctions. She works closely with PT, Audiology and Rehab Medicine physicians at COA in the post- concussion clinic, as well as the vestibular and balance program.

TARGET AUDIENCE: PTs, PTAs, SPTs, SPTAs

PROFESSIONAL ISSUES IN PHYSICAL THERAPY

Course Description

Join us for an interactive session about payment, practice and advocacy for physical therapy in Alabama. We will have speakers leading discussions on the above to include opioid abuse in Alabama and ways physical therapy can be used as an alternative. The ALAPTA Government Affairs Committee, along with a representative from the Windom Group, will update attendees on their strategy for expanding Patient Access to Physical Therapy in Alabama in 2019. This will be an open forum format that will allow for information exchange and Q&A.

Objectives

Upon completion of the session, attendees will:

1. Identify the important practice and payment issues in Alabama and nationally.
 2. Identify strategies to increase consumer awareness on how physical therapy can impact the opioid crisis in Alabama.
 3. Learn ways to engage legislators, peers and consumers regarding the expansion of Patient Access to Physical Therapy services in Alabama in 2019.
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CONTINUING EDUCATION CREDIT INFORMATION

EACH SESSION IS WORTH 3 CONTACT HOURS

(3.6 CONTINUING EDUCATION HOURS FOR ALABAMA LICENSEES SINCE 50 MINUTES = 1 CONTINUING EDUCATION HOUR)

PROFESSIONAL ISSUES – 2 CONTACT HOURS

(2.4 CONTINUING EDUCATION HOURS FOR ALABAMA LICENSEES SINCE 50 MINUTES = 1 CONTINUING EDUCATION HOUR)

HOUSING

Westin Birmingham

2221 Richard Arrington Jr. Boulevard North, Birmingham, AL 35203

(205) 307-3600 - www.westinbirmingham.com

TO MAKE YOUR RESERVATION:

Reservations - (205) 307-3600

Mention - Alabama Physical Therapy Association (ALAPTA) Group Room Rate - \$162 per night (plus tax)

Hotel Registration Deadline - July 17, 2018

TENTATIVE SCHEDULE

Friday, August 10, 2018

8:00 am – 12:00 pm Registration

10:00 am – 12:00 pm Alabama Board of Physical Therapy Meeting

12:00 – 3:30 pm **EDUCATIONAL SESSIONS (SESSIONS 1-3)**

1:00 – 2:30 pm BREAK WITH EXHIBITORS (Staggered)

3:30 – 6:00 pm Professional Issues Forum & Networking

Saturday, August 11, 2018

7:00 am – 1:00 pm Registration

7:30 – 8:30 am BREAKFAST WITH EXHIBITORS

8:30 am – 12:00 pm **EDUCATIONAL SESSIONS (SESSIONS 4-7)**

9:30 – 11:00 am BREAK WITH EXHIBITORS (Staggered)

12:00 – 1:30 pm ALAPTA Business Meeting and Lunch (Open to All Attendees – Not Just Members)

1:30 – 4:30 pm **EDUCATIONAL SESSIONS (SESSIONS 8-10)**
