



## **CANDIDATE BIOGRAPHY AND CONSENT FORM**

**NAME:** Blair Saale, PT, Board-Certified Clinical Specialist in Neurologic Physical Therapy

**CITY/TOWN OF RESIDENCE:** Mobile

**APTA MEMBERSHIP (years):** 14years

**ALABAMA CHAPTER MEMBERSHIP (years):** 7 years

**SECTION MEMBERSHIP:** Neurology and Education Sections

### **EDUCATION:**

DPT from Belmont University in Nashville, TN

### **PREVIOUS BOARD EXPERIENCE:**

I have served as the Bylaws Chair for the ALAPTA Chapter since 2017

### **PERTINENT EXPERIENCE:**

I have been involved on numerous departmental and collegiate committees at the University of South Alabama in the Department of Physical Therapy. This experience has given me a lot of experience regarding teamwork and the composition of effective teams. I am currently serving as President of the Mobile Area Physical Therapy Organization and have been on the committee for planning the Parkinson's Foundation Moving Day South Alabama for the 2019 and 2020 walks. I have served on the Board of Directors for Transitions, EAAT, a therapeutic horseback riding program in Mobile, AL. My 11 years of physical therapy practice with a clinical specialty in neurologic physical therapy helps me stay connected with local clinics and patient populations.

### **PLEASE PROVIDE AN ANSWER TO THE FOLLOWING QUESTIONS FOR YOUR POSITION (500 WORDS OR LESS):**

#### PT Representative at Large

1. What do you perceive as the most important interpersonal skills that are needed by the Chapter PT Representative at Large?

The PT Representative at Large is responsible for working with a wide variety of individuals. I would think that the ideal candidate for this position would be a team player that works to bring out the best in those around them. They should also have strong communication skills. Although they should be a good speaker, it will be equally, if not more, important for this individual to be able to listen and to synthesize ideas from many different sources. If I were to be elected to this position, I would try to work with the chapter as a whole to realize the strategic vision set forth by the leadership team.

2. What methods of communication would you utilize to "feel the pulse" of PT and SPT Chapter Members?

I think to truly "feel the pulse" of PT and SPT Chapter Members, it is important to make personal connections. With the wide variety of members within the chapter, this should be done in a wide variety of ways. I would reach out via email and social media. I would include surveys to figure out what our chapter members would like from the chapter. I would also like to participate in socials and clinic visits. Many of our students at the University of South Alabama would love to connect with other students in the state, so we can strengthen some of the relationships made at Student conclave and Day on the Hill. I would also ask our students what ways they prefer to receive communication.

### **CONSENT TO SERVE STATEMENT**

I acknowledge the duties of the above position have been provided to me and I agree to serve in the position should I be slated and then elected. I am willing and able to attend all APTA Alabama Meetings as requested. I agree to be responsive to electronic communications as part of conducting the business of APTA Alabama.

Signed: (electronic signatures accepted)

Blair Saale