



2023 ANNUAL CONFERENCE

AUGUST 25-27, 2022

SAMFORD UNIVERSITY - BIRMINGHAM, AL

FRIDAY, AUGUST 25 – VIRTUAL					
	VIRTUAL 1 1:00 – 5:15 pm 4.8 CEUs <i>G.R.I.T.: Growing Resiliency Intensity Training: How to Bounce Back from Burnout</i>	VIRTUAL 2 1:00 – 3:15 pm 2.4 CEUs <i>What You Bring Into the Room: Treating with Human Presence and Connection</i>	VIRTUAL 3 3:15 – 5:15 pm 2.4 CEUs <i>Specialization in Physical Therapy: A Roadmap for Navigating Board Certification Through Both Residency Training and Self Study Approach</i>	VIRTUAL 4 3:15 – 5:15 pm 2.4 CEUs <i>Spinal Deformities and Pain Generators</i>	VIRTUAL 5 3:15 – 5:15 pm 2.4 CEUs <i>Barbell Training 101: A Guide for Teaching Functional Lifts in a Physical Therapy Setting</i>
SATURDAY, AUGUST 26 – IN PERSON AT SAMFORD UNIVERSITY					
8:00 – 10:00 am	SESSION 1 2.4 CEUs <i>Gait Training with the Person Living with Dementia: An Overview of Processing Changes with Practical Application</i>	SESSION 2 2.4 CEUs <i>A Holistic and Evidence-Based Approach to Treating Clients with Chronic Pain</i>	SESSION 3 4.8 CEUs <i>History and Physical Examination Versus Imaging for Diagnosis of Musculoskeletal Conditions: An Evidence-Based Approach</i>	SESSION 4 4.8 CEUs <i>EMG & NCV for the AL PT: The Role of Electro-diagnostic Testing in the Management of Patients with Hand and Upper Extremity Dysfunction</i>	SESSION 5 4.8 CEUs <i>What is Primary Care PT? Description with a Lab-Based Case Study</i>
10:00 – 10:30 am	EXHIBIT HALL				
10:30 am – 12:30 pm	SESSION 6 2.4 CEUs <i>Swearing to Calm S*** Down, Build S*** Up and Improve Patient Outcomes in Physical Therapy</i>	SESSION 7 2.4 CEUs <i>Health Disparities in Alabama: Enhanced Access to PT as Part of the Solution</i>	SESSION 3 CON'T	SESSION 4 CON'T	SESSION 5 CON'T



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SATURDAY, AUGUST 26 – IN PERSON AT SAMFORD UNIVERSITY

12:30 – 2:00 pm	EXHIBIT HALL				
1:30 – 2:00 pm	BOXED LUNCH DISTRIBUTION				
2:00 – 3:30 pm	APTA ALABAMA ANNUAL BUSINESS MEETING& AWARDS PRESENTATION				
3:30 – 5:30 pm	<p>SESSION 8 2.4 CEUs</p> <p><i>The Coccyx: A Pain in the Butt: Tools for Assessment and Treatment</i></p>	<p>SESSION 9 2.4 CEUs</p> <p><i>Implementation of Wearable Technology Measurement Units to Aid in Evaluation and Exercise Progression for Patients and Performance</i></p>	<p>SESSION 10 2.4 CEUs</p> <p><i>Pediatric Physical Therapy on the Mission Field: Is There a Need?</i></p>	<p>SESSION 11 2.4 CEUs</p> <p><i>“It’s Spinal!”: Post-Operative Considerations for the Cervical Spine</i></p>	

SUNDAY, AUGUST 27 – IN PERSON AT SAMFORD UNIVERSITY

8:00 am – 12:15 pm	<p>SESSION 12 4.8 CEUs</p> <p><i>“It’s All in Their Head”: Functional Neurologic Disorder and the Implications for PT Management</i></p>	<p>SESSION 13 4.8 CEUs</p> <p><i>Bogeys to Birdies: A Comprehensive Approach to Modern Management of the Golfer</i></p>	<p>SESSION 14 4.8 CEUs</p> <p><i>Evaluation and Treatment of Common Shoulder Conditions with Cadaver Dissection of Shoulder</i></p>	<p>SESSION 15 4.8 CEUs</p> <p><i>Early Mobility Bootcamp: Implementing Early Mobility in the ICU</i></p>	
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